

EQUIPMENT PLAYERS WILL NEED:

Each player must be dressed as follows for each game:

*A. Jersey tucked into shorts.

*B. Shorts

C. Shinguards are required (practices and games).

D. Soccer shoes or sneakers. Metal cleats and baseball shoes are not permitted.

*E. Socks pulled up over shinguards.

F. Mouth pieces are strongly recommended for players wearing braces.

G. Eyeglasses restraining straps should be worn.

* These items are supplied for each player.

The player cannot wear bracelets, earrings, wrist watches, barrettes or any other such objects including a cast or splint which could cause injury to themselves or another player. The referee will check players before each game. Earrings must be removed prior to game time. No tape or bandage will be allowed to cover such earrings.

Shinguards are mandatory. Additional clothing such as sweatshirts or pants may be worn under the uniform in cold or wet weather.

No markings, appliques or writing of any kind is permitted on the uniform during the season.

Names may be added to the practice shirts. However, this is not recommended for security reasons. AYSO player patches should be placed on the right sleeve of the practice shirt.

Coaches may have practice balls and any other necessary equipment. It is strongly recommended that each child bring their own ball so that they may work on the skills demonstrated by the coach.

All players are responsible for bringing a water bottle to practice with sufficient water to prevent dehydration in this hot weather.

Knee Brace Policy

This policy has been enacted in order to protect the league from litigation and all players from injury.

Knee braces will be permitted ONLY if the player has a letter from his or her physician stating that the use of the knee brace is medically necessary AND that the prescribed brace is sufficiently padded to prevent injury to other players.

It is the responsibility of the player and the coach to present this letter to the referee prior to the start of each game. Should the letter not be available for any game, the referee will not allow the player to participate WITH OR WITHOUT the brace.

Practices

Team practices will be held at the discretion of the coaches. All teams will have practice times scheduled at the Weston Regional Park. It is important that the players attend the practices since that is where game skills and strategies are taught. Coaches should be notified if it is necessary for a player to miss a practice or a game so that coaches can make the necessary changes to their game plans and lineups.

Parents are responsible for seeing that children are safely transported to and from practices and games in a timely manner. It is highly recommended that parents remain with their children during practice and game times.

Games and Weather

General soccer game policy is that games will be played "rain or shine". Games will not be canceled because of rain, wind, or wet and muddy fields unless weather results in hazardous conditions. Cancellations will be made at the discretion of the Regional Commissioner, Assistant

Regional Commissioner or the referee of the game. Cancellations will be made as early as practical before game time to allow for adequate notification. Once the decision has been reached to cancel a game(s), the decision may not be overridden.

The only person authorized to cancel a game on the field is the referee scheduled for that game. This will only be done on an individual basis after personal inspection of the field. The referees scheduled for the game are completely in charge from the moment they enter the field of play. Games canceled due to weather are not guaranteed to be made-up.

For the U7, U8 and U10 divisions, a minimum of 6 players per team and for divisions U12, U14 and U19 7 players per team are required to start a game.

Player Commitment Policy

AYSO Region 644 takes pride in providing a quality skill building program for all players. All coaches and referees are required to attend training courses designed to enhance and strengthen their skills. They make a commitment, without compensation, to teach and improve the skills of all players. In return, they expect a commitment from the players to attend all the practices and games. There are of course occasional times when a player may miss one practice or game due to unavoidable circumstances. This is understandable.

The end result is that the players and coaches count on each other for a fun, rewarding, learning experience and successful season.

Region 644 is surrounded by cities that provide their own soccer programs. These programs do not generally follow the same season schedule as our region. For this reason, the following policy has been adopted to prevent a disruption of the AYSO program and the disappointment of the committed players and coaches:

“Any player who leaves the AYSO Region 644 program prior to the conclusion of the season to participate in another program will not have his or her registration accepted for the next or any subsequent AYSO season.”

This policy, of course, does not pertain to players forced to resign for reasons of moving, illness or family obligations. Any issue with this policy may be addressed with the Board of Directors.