

2011 General Rules and Regulations

1. AYSO Rules and Regulations Shall govern all games, practices, and team functions.

Each one of our players has the right to a safe, fair, fun, and positive environment.

AYSO is proud of our six core philosophies.

- A. Everyone plays
- B. Balanced teams
- C. Open registration
- D. Positive coaching
- E. Good sportsmanship
- F. Player Development

2. Except for the following changes, all 17 FIFA laws of the game will be observed.

3. Each match is controlled by a referee who has full authority to enforce the laws of the game. All decisions of the referee are final

4. Players are required to play two quarters of the game if the player is on time. Late players are required to play a minimum of one half of the remaining quarters. If only a portion of the team can play three quarters of a game, the coaches shall rotate their players each week so that everyone gets an equal amount of playing time over the course of the season. No player may play a full game until all players have played at least three quarters. This excludes any players injured, or arriving after the start of the match, and for goalkeepers age U12 and above, playing the full match in goal.

5. Ages U-12, U-14, and U-19: The Goalkeepers shall be allowed to play the full match in goal, regardless of the playing time requirements of the field players. If at any time the Goalkeeper becomes a field player, that player shall then convert to the playing time requirements of a field player, and shall be subject to the three quarters rule for playing time set forth in rule number 4 above. Therefore a player who has played in goal for the first three quarters must either play goal in the fourth quarter or sit out the quarter.

6. Substitutions are to be made at the quarter breaks and half time break. In case of injury, substitution of the injured player is allowed. The injured player is charged with playing time for the quarter. If the injured player is not substituted the injured player may return to the field of play, anytime after the match has restarted, and with the permission of the referee. The

match will continue to be played without the injured player, until the injured player returns or a substitution is made. Substitution can only be made from either touch line.

7. Substitutes must report to the referee upon entering the game. For the start of the match and the start of the second half the players shall be directed onto the field of play, and the substitutes shall sit on the player bench for inspection by the referee.

During the quarter substitution break, the coach shall call off the players who are being substituted and have them sit on the player bench for inspection by the referee.

The players entering the game shall be directed to enter the field of play by the coach.

All players playing the next quarter shall remain on the field of play during the break.

It is important that substitutions be made quickly to insure maximum playing time for all players.

8. Coaches and parents are not allowed on the field of play, unless called by the Referee.

9. Coaches are required to fill out a game card for each game, listing players in numerical order by their jersey number. These line-up cards will be given to the center referee prior to the game and will remain in his possession throughout the game.

Coaches are encouraged to prepare game cards prior to arrival at the field to facilitate games starting at their scheduled time.

10. U5 & U6 divisions will play 4v4 without goalkeepers. Players can defend, but they cannot be positioned directly in front of the goal. No penalty kicks. All free kicks will be indirect. Coaches are only allowed on the field if there is no referee for the game. If this occurs, each team will have one coach or team representative on the field during the game. Each team's representative will referee one half of the game while the other is keeping the time, switching responsibilities at the half time break.

There will be **No Offsides**. The games will be played with equal 7 1/2 minute quarters running time, with no stoppage time added. Time will be stopped at the quarter and the half time breaks. Games will end and be counted as a complete game when the scheduled time allotted for the game is reached. It is important for all games to start at their scheduled time.

(Coaches are to try to stay to the sidelines while on the field). A

do-over on throw-ins for the entire season is allowed. Soccer Ball Size 3.

All goal kicks will require that the defensive team retreat to behind the mid field line and remain there until the goal kick is made

11. U7 division will play 6v6 with no goalkeepers. The games will be played with equal 20 minute halves running time, with time continuing to run through the quarter break.

The game will be stopped at the half way point of each half to allow for substitution, and will be restarted immediately upon completion of the substitution. There will be **No Offsides**. At the referee's discretion, a blatant violation of the offside violation may result in the coach being warned and or cautioned. All free kicks taken to restart play will be indirect. There will be no penalty kicks, instead an indirect free kick will be taken from the top of the penalty area directly in front of the goal. Defensive players may not make any contact with the ball using their hands or arms in a way of denying a potential goal while standing in the goal box. If they do, it will be scored a goal for the offensive team. There will be one do-over allowed on throw-ins. Soccer ball size 3.

12. U8 division will play 6v6 for the boys and 7v7 for the girls including the goalkeeper. Goalkeeper may only play half of the game in goal and must play at least one quarter as a field player. The games will be played with equal 20 minute halves running time, with time continuing to run through the quarter break. The game will be stopped at the half way point of each half to allow for substitution, and will be restarted immediately upon completion of the substitution. There will be **No Offsides**. At the referee's discretion, a blatant violation of the offside violation may result in the coach being warned and or cautioned. All free kicks taken to restart play will be indirect. There will be no penalty kicks, instead an indirect free kick will be taken from the top of the penalty area directly in front of the goal. There will be one do-over allowed on throw-ins. Soccer ball size 3.

13. U10 division will play 7v7 including the goalkeeper. Goalkeeper may only play half of the game in goal and must play at least one quarter as a field player. The games will be played with equal 25 minute halves running time, with time continuing to run through the quarter break. The game will be stopped at the half way point of each half to allow for substitution, and will be restarted immediately upon completion of the substitution. The FIFA laws of the game will be observed for any infractions called by the referee including any offsides infractions. All restarts will be taken according to the FIFA laws of the game including the taking of any penalty kick awarded. Soccer ball size 4. One do-over for throw-ins is allowed.

14. U12 division will play 9v9. The games will be played with equal 30 minute halves running time, with time continuing to run through the quarter

break. The game will be stopped at the half way point of each half to allow for substitution, and will be restarted immediately upon completion of the

substitution. The FIFA laws of the game will be observed for any infractions called by the referee including any offsides infractions. All restarts will be taken according to the FIFA laws of the game including the taking of any penalty kick awarded. Soccer ball size 4.

15. U14 division will play 11v11. The games will be played with equal 35 minute halves running time, with time continuing to run through the quarter break. The game will be stopped at the half way point of each half to allow for substitution, and will be restarted immediately upon completion of the substitution. The FIFA laws of the game will be observed for any infractions called by the referee including any offsides infractions. All restarts will be taken according to the FIFA laws of the game including the taking of any penalty kick awarded. Soccer ball size 5.

16. U19 division will play 11v11. The games will be played with equal 40 minute halves running time, with time continuing to run through the quarter break.

The game will be stopped at the half way point of each half to allow for substitution, and will be restarted immediately upon completion of the substitution. The FIFA laws of the game will be observed for any infractions called by the referee including any offsides infractions. All restarts will be taken according to the FIFA laws of the game including the taking of any penalty kick awarded. Soccer ball size 5.

17. Shin guards must be worn completely under the socks for all games and practices.

18. Coaches shall inform all parents before the season's first game that a player must not use equipment or wear anything which is dangerous to the player or another player. This includes any kind of jewelry and shoes with toe cleats or square cleats. It also includes any items worn in the hair that are metal or hard plastic that could result in injury to the wearer or to others.

19. Medical release forms (registration forms) must be brought by the coach, to all practices, games and team functions.

20. No parents or spectators are allowed on the player's side of the field or behind the goals. Only the coach, assistant coach and team parent may be on the players side of the field.

21. All coaches and team parent must remain in the technical area during the match. The technical area is defined as extending one yard on either side of the designated seating area and extends forward up to a distance of one yard from the touch line. All tactical instructions will be conveyed to the players from the designated technical area.